



CLEAN , THEN DISINFECT IN HEALTHCARE

The United States Centers for Disease Control and Prevention (CDC) specifically states that **“Cleaning is the necessary first step in any sterilization or disinfection process”**¹ given that disinfectants work most efficiently when they come into direct contact with the micro-organism they are trying to kill.



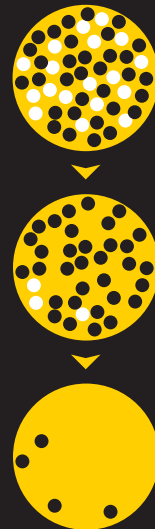
CLEANING

The physical removal of material like dust, and organic material e.g., blood, secretions, excretions, microorganisms. Cleaning physically removes rather than kills microorganisms. It is accomplished with water, detergents, and mechanical action. This is essential before disinfection.



DISINFECTING

The inactivation of pathogens. This is happened after cleaning. Also performed with common disinfectants such as QUATs, bleach and hydrogen peroxide.



Cleaning and Disinfecting are performed by Environmental Services.¹ Places where necessary to clean & disinfect and Rubbermaid HYGEN™ microfiber is utilized.²

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| Bedrails | Tray Table | IV pole grab area | Callbox | Telephone | Room Sink | Room Light Switch | Door Handle |
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| Bathroom Sink | Bathroom Light Switch | Bathroom Handrails | Toilet | Elevator Button | Monitor | Remote | Shower Tap |
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| Floors In Public Area | Mirror | Desk | Stairwells | Wall-mounted Lamps | Hallway Light Fixtures | Chair | Cabinet |

Clean & disinfect more frequently Clean & disinfect

1. <https://www.cdc.gov/infectioncontrol/guidelines/disinfection/cleaning.html> 2. https://oregonpatientsafety.org/docs/resources/Env_Cleaning_occupied_room_1.pdf

